



THE MILITANT

PRAYER WARRIOR

21 Day

PRAYER STRATEGY

THAT WILL UNLOCK THE ATMOSPHERE OF HEAVEN IN YOUR LIFE.

JENNIFER S. STANLEY



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Contents

Introduction
Preparation For Prayer
DAY ONE.....Importance OF Prayer
DAY TWO.....Relationship
DAY THREE.....Time Chunking
DAY FOUR.....Grant Me The Serenity
DAY FIVE.....Prioritize
DAY SIX.....Navigation
DAY SEVEN.....Response
DAY EIGHT.....Respond In Faith
DAY NINE.....Praying The Will
DAY TEN.....Passion
DAY ELEVEN.....Tempter
DAY TWELVE.....Possession
DAY THRITEE.....Prayer Assessment
DAY FOURTEEN.....Pressure
DAY FIFTEE.....Mysteries In Prayer
DAY SIXTEEN.....Pour Out
DAY SEVENTEEN.....Shift
DAY EIGHTEEN.....Pray Towards The Mark
DAY NINETEEN.....Pray Through
DAY TWENTY.....Stand Firm
DAY TWENTY-ONE.....Amazing Grace
DAY TWENTY-TWO.....Create Your Own

Introduction

Prayer has been one of the greatest underutilized gifts in the body of Christ. In its place, it has been replaced with the spirit of this age. Every age has its own beliefs, ideas, and values that influence a culture.

The evolve of technology and the many advantages it affords have impacted our culture massively. I believe we have become considerable distracted by mainstream media, social media, and the entertainment industry. As a result, it has affected and deviated our culture from prayer.

We spend substantial amounts of time being entertained but little or no time in prayer. Many individuals; including the believer only pray or put emphasis on prayer when faced with calamity or a necessity has risen.

If you are truthful, you've been guilty of praying the hardest when you needed an answered prayer but prior to that you were your own god. Before giving my life to Christ, I was my own boss. I prayed when I needed God to move on my behalf and that was it. I had no intentions of giving my life to Christ.

After running into enough brick walls, attempting to commit suicide, and living a life contrary to the will of God, I fell to my knees and cried out for Jesus to save me. I looked to Jesus and it was there I learned that he could do more than turn my situation around, but bring me out of the nightmare I was living in.

I had no idea what I was getting myself into the night I gave my life to Jesus. What was supposed to be a temporal fix turned into me becoming a student of the word and prayer.

One year after my conversion he placed me in a ministry that imparted a foundation of truth, the word of God, prayer, and set a standard for living Holy before God.

It was there I was introduced to the ministry of prayer by some of the greatest prayer warriors I've known.

The prayer warriors at the Church Of God In Christ I attended knew how to get the attention of Heaven, especially the woman of God I credit for the impartation of prayer I received.

My prayer mentor, Mother Williams; one of the older women in the Church. That woman of God prayed until demons understood they had to flee! The Lord led Mother Williams to take me under her tutelage, and my prayer life transformed.

She taught me the art of prayer, and how to intercede. I am forever grateful for her teachings and impartation that have contributed to the intercessor I am today.

Now, almost twenty years of being trained in prayer and intercession, I'm still learning new revelation on prayer. No matter how old or mature we think we are God never stops releasing new revelation or strategies on how to defeat the enemy.

I believe the Lord pressed upon my husband's heart to encourage me to convert this prayer strategy into a book because it is a needed end-time prayer strategy plan for every believer.

While receiving this strategy, there were things in it that challenged me to evaluate my prayer life and walk in Christ. With all my years of experience God still required more of me. If you are reading this book, he is requiring more of you.

If you will commit to this twenty-one-day journey you will experience a prayer life that will not only give you the victory in every area of your life but lay the foundation for a consistent and effective prayer life.

Let's Begin Our Journey!

PREPERATION

When my husband asked me to teach him how to pray more effectively, I went before the Lord and inquired of a strategy that would assist him in strengthening his prayer life.

I was careful not to assume I knew what he needed, but consulted with the Lord. He gave me two strategies; in which we will discuss in this book.

Birth out of prayer, this strategy was initially for my husband. However, in the process of writing it, it ministered to me. I found myself accompanying him on this journey and our prayer lives have since been shifted. I know yours will be too after committing to this strategy.

This strategy is:

*For Anyone wanting to strengthen or advance in prayer.

*A universal strategy and it is not limited to prayer warriors of intercessors.

Fifteen Minute Rule:

The first strategy that the Lord gave me for my husband was the 15-minute rule. He chose one area in his life he wanted to experience change, breakthrough or needed deliverance in, then he applied the strategy below:

1. Focus on the one chosen area; repenting and asking God to reveal any blockage or hindrance. Do this while speaking in tongues.
2. Avoid praying in your native language and pray in your heavenly language (speaking in tongues) for five minutes. If you are not filled with the Holy Spirit; worship/meditate for five minutes following the steps above.
3. Ask God to give you scripture to combat what's been revealed.
4. For ten minutes pray in your native language releasing and declaring the word of God over the area of focus.
5. Incorporate thanksgiving to God. Thank Him for His grace, mercy, and for revealing the hidden thing.

The Purpose of the 15 minutes:

- The rule teaches you how to successfully dismantle and demolish stronghold that's been rooted in your life.
- By focusing in on one area you're able to unfold and deal with the blockage spirit, distraction, or spirit that has been sent to wreak havoc or uproot the purpose, and plan of God in your life.
- When God reveals the spirit behind your area, you may be tempted to call out other things you see but remain focused on the intended target. If you get the root of the spirit, the others can't operate effectively outside the main stronghold. You will dismantle those later.
- During the revealing, God will give you specific scripture to combat what you have been battling with. Repeat this strategy daily, or until you have obtained the needed breakthrough, then focus in on a new area.
- Once it's been revealed; refrain from warring against the focused area but declare from a place of authority applying the scripture(s) given you and offering thanksgiving in praise.
- It's Important that you apply thanksgiving because you are shifting from a place of the victim to a place of victory. The victor understands that God has favored them and moved on their behalf.

- Repeat this step daily by setting aside fifteen minutes a day for you and God; It doesn't matter if you have been praying and interceding for years. Start with the fifteen-minute strategy and you will witness targets being hit in the spirit and your intimacy in prayer increasing and shifting to a new realm.

*I Recommend preparing your mind before initiating this strategy. If it's in the AM; make sure you are alert, awake and ready to go before the king! If at any time you are feeling sleepy or tired; refrain from attempting this strategy; key instructions will be released, and you should be alert.

In the PM commit to a time that you can be consistent with God. Don't give God leftover time! If tired walk around and refrain from laying until your body is in a habit of praying. This will teach your body how to persevere for prayer and be attentive in your physical body and spirit man.

A lazy posture produces a lazy prayer because eventually, you will fall asleep and not in the spirit! If your mind, and body is unresponsive so will your spirit be. It's hard to be alert and pray without being focused and intentional.

- ❖ Remember you want to develop a healthy consistent prayer life.

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